Getting a “FRESH” Start!

Welcome to Boston!

Welcome to Brigham and Women’s Hospital and to Boston! Boston is an exciting city for professionals and families alike. As you begin your transition into a new job and work environment, we hope that this guide will help you and your family adjust to life in a new city that could be hundreds, possibly thousands, of miles away from home.

Most of the information in this guide was compiled from promotional material provided by Boston area organizations on the Internet as well as input from members of the BWH community. This guide does not represent all the organizations in the area. It is meant to serve as a complement to the other resource materials you have already received.

We hope your move to Boston goes smoothly. As you begin to experience life in Boston for yourself, please contact the Office for Research Careers (BWHORC@partners.org) with any feedback.
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General Resources for all “New-to-Boston” families

BWH Office for Research Careers (ORC)
Center for Faculty Development & Diversity (CFDD)
Brigham and Women's Hospital
1620 Tremont Street, OBC 3-014-J
Boston, MA 02120
Tel: (617) 525-9323
Email: BWHORC@partners.org
www.brighamandwomens.org/cfdd/orc

Don’t forget that the ORC organizes events for postdocs and their families too! Popular events include the annual Welcome Reception and Barbeque in the summer as well as the National Postdoc Appreciation Day in the fall. Sign up for our mailing list to get information on the latest academic and social events for postdocs at Brigham and Women’s Hospital. Also, the Welcome to Boston book that some of you received in your orientation packets has helpful information on relocating to Boston. Want one and didn’t receive one at orientation? Email us!

Harvard Medical School and Harvard School of Dental Medicine Postdoctoral Association (HMS PDA)
Email: pda@hms.harvard.edu
Subscribe to their email mailing list (using your institutional email) here:
http://web.hms.harvard.edu/pda/index.html

The HMS PDA is dedicated to improving the postdoctoral experience of all fellows at the Harvard Medical School, School of Dental Medicine, and their affiliate institutions. The HMS PDA organizes several career based and academic events but also social events which are often open to postdocs and their families. Events in the past have included pub nights, concerts, walking tours, museum tours, and much more. *Since the PDA is a volunteer-run organization, they ask that you contact them via email or talk to a member of the governing board directly.

Harvard Neighbors
17 Quincy Street
Cambridge, MA 02138
Tel: (617) 495-4313
Email: neighbors@harvard.edu
www.neighbors.harvard.edu

Harvard Neighbors is an organization that serves international Harvard faculty, staff, and affiliates with programs and events throughout the academic year. Some programs that may be of interest to new postdocs and their families in the Brigham and Women’s Hospital community:
• Small English Conversation Groups (for international spouses) – Weekly meetings at Harvard Neighbors
• Interest Groups (led by Harvard volunteers) meet weekly to discuss a specific topic or interest. Some interest groups include: Infant and Toddler Playgroup, Afternoon Bridge, East Meets West Forum, French Book Club, French Conversation, German Book Club, Italian Conversation, Japanese Culture, Japanese Conversation, International Group, Knitting for Everyone, Lunchtime Book Group, Adventures in Art, and much more!

Harvard Office of Work and Family (OWF)
164 Longwood Avenue
Room 106
Boston, MA 02115
Tel: (617) 432-1615
Email: barbara_wolf@hms.harvard.edu

The Harvard Office of Work and Family provides information, classes, and referrals for individuals and their families in the Harvard community searching for ways to balance their work and family life. OWF can help find child care centers, family child care, after school programs, elderly care, summer camps, in-home child care providers or information about public or private schools. Please call to make an appointment to speak to a representative or contact them via email.

Boston Central
Highlighting fun, family activities in Boston
www.bostoncentral.com
Straight from the Locals: Advice on Relocating to Boston

www.universalhub.com/glossary
(Boston English is probably unlike anything you’ve ever heard- here’s a guide to get you started)

www.boston-online.com/relocation.html
(General information on just about everything)

www.boston-online.com/bosdrivers.html
(Some funny but surprisingly true advice on driving in Boston, should you choose to do so)

www.wickedgood.info
(Online forum where you can post questions to be answered by locals)

Local online news like www.boston.com has a lot of great information about things to do in Boston!

GOOD LUCK!
General Tips
- Check with your country’s consulate office in Boston about any associations or programs that may be of interest to you and your family.
- Talk to others in the Boston area about their experiences, a personal reference is always better than something found online!

South Asian

Pakistan Association of Greater Boston
www.pagb.org
- Non-political, non-sectarian, cultural and educational organization that serves the Pakistani community by inviting scholars, poets, artists, and dignitaries from Pakistan to share their knowledge, arts, and experience
- Organizes and participates in cultural shows and festivals held in the Boston area and publishes a newsletter, Nida E Waqt
- Young Association of Pakistani Professionals coordinates their own events and networking programs

Bangladesh Association of New England
baneusa.com

India Association of Greater Boston
www.iagb.org
- A sociocultural organization, IAGB plays an important role in bringing the Indian community together to celebrate India’s Independence Day as “India Day” in Greater Boston area
- Link to more cultural organizations: www.iagb.org/index.php/links/indian-associations/

New England Marathi Mandal
www.nemm.org
- Serves the Marathi community by preserving Marathi culture through various cultural activities
- Celebrates Marathi festivals such as Ganesh Chaturthi, Diwali, Padwa and Sankrant

Gurjar-Gujarati Association of New England
www.gurjar.org
- Well-established, non-profit organization from the New England Area that organizes year-round cultural events such as youth program, diwali, navratri, spring/summer mela, scholarship, charity fund-raising, grandparents club, drama, musical concerts, and poetry recitals

Telugu Association of Greater Boston (TAGB)
www.tagb.org
- Non-profit organization that provides a forum to connect people whose mother tongue is Telugu as well as those who love the Telugu language.
- Serves the local community by promoting various cultural, educational and humanitarian activities.

Kerala Association of New England
www.kaneusa.org
- Non-profit, non-political, non-religious cultural organization working towards the betterment of the social lifestyle of the Malayalee in the New England area
- Major events for the year include the Onam and Christmas Celebrations, Arts & Talents Day, Annual Camp and Picnic
- KANE also allows the youth of the community to participate via KANE Jr; this subgroup participates in the parent events and also conducts events of its own

Prabasi (Bengali)
www.prabasione.org
- Non-profit, tax exempt organization established in 1981 to celebrate and promote Bengali and Indian culture within its community

Bangla Biswa
www.banglabiswa.org
- Celebrates Durga Puja, Saraswati Puja, Kali Puja, Bengali New Year, and an annual picnic for its members as well as concerts and other performances throughout the year
New England Kannada Koota  
[www.nekk.org](http://www.nekk.org)  
- Organizes four major gatherings as part of its activities for the year: Ugadi is celebrated during spring followed by an annual picnic in summer. The next major gatherings are Ganesha Chaturthi and Kannada Rajyotsava, as well as Deepavali and Childrens Day in November.

New England Tamil Sangam  
[www.netamilsangam.org](http://www.netamilsangam.org)  
- Promotes Tamil language and Culture since 1970’s  
- Non-profit organization that organizes events like movies, music, dance and drama and encouraging local talents in and around New England area

Orissa Association of New England  
Tel: (508) 393-9362

### European

**Boston French Library Alliance Française of Boston**  
Tel: (617) 912-0400  
[www.frenchlib.org](http://www.frenchlib.org)  
- Non-profit organization whose mission is to provide an authentic French cultural and social experience  
- Features a language school part of the Alliance Française network, the 2nd largest private French Library in the US, and the cultural center for the francophone world in New England  
- Calendar of Events: [www.frenchlib.org/events/](http://www.frenchlib.org/events/)

**Irish Cultural Centre of New England**  
Tel: (781) 821-8291  
[www.irishculture.org/IrishCulturalCentre/Home.aspx](http://www.irishculture.org/IrishCulturalCentre/Home.aspx)  
- Working in collaboration with Irish organizations and the Irish government - as well as with the region’s educational, arts, and cultural institutions - the ICCNE is poised to expand current programming and to actively support Irish cultural activities throughout New England  
- Calendar of Events: [www.irishculture.org/IrishCulturalCentre/CalendarEvents/ListEvents.aspx](http://www.irishculture.org/IrishCulturalCentre/CalendarEvents/ListEvents.aspx)

**Russian American Cultural Center of Boston**  
Tel: (617) 542-0707  
[www.raccboston.org/index.html](http://www.raccboston.org/index.html)  
- Offers a multitude of services for people interested in all things Russian  
- Specific services: Business translations (legal documents, adoption papers, birth certificates, diplomas, etc.), language classes, Russian and English tutoring, celebrations and parties in observance of Russian holidays, lectures, talks, and concerts  
- Calendar of Events: [www.raccboston.org/events.htm](http://www.raccboston.org/events.htm)

**Turkish Cultural Center of Boston**  
Tel: (617) 779-8222  
[www.turkishcenterboston.org](http://www.turkishcenterboston.org)  
- Non-profit organization devoted to the promotion of Turkish Culture and Language in Boston  
- Organizes educational and cultural activities such as art exhibits, concerts, trips, children’s activities, movie screenings, lectures, seminars, dinners, language courses, workshops, library events and informational programs about Turkey and Turkish culture  
- Calendar of Events: [www.turkishcenterboston.org/index.php?option=com_events&amp;task=month.calendar&amp;Itemid=111](http://www.turkishcenterboston.org/index.php?option=com_events&amp;task=month.calendar&amp;Itemid=111)

**Turkish American Cultural Society of New England**  
[www.tacsne.org](http://www.tacsne.org)  
- Non-profit, charitable, grass-roots organization whose primary goals are to promote Turkish culture and heritage, to bring together the people of Turkish heritage, and to welcome and assist permanent residents, visitors, and students arriving from Turkey  
- Organizes conferences, seminars, concerts, exhibitions as well as educational programs on Turkish culture

**The Boston Euro Social Meetup Group**  
[eurow.meetup.com/76/](http://eurow.meetup.com/76/)  
- A chance to meet and socialize with other local Euros and Europhiles and enjoy sharing stories and experiences living in Europe or places you visited in Europe. Meet Americans of European heritage who enjoy European culture. All those from Western and Eastern European backgrounds are welcome.  
- Calendar of Events: [eurow.meetup.com/76/calendar/](http://eurow.meetup.com/76/calendar/)

**FIERI Boston: International Organization of Students and Young Professionals Celebrating Italian Culture**  
[www.fieri-boston.org](http://www.fieri-boston.org)  
- Non-profit organization of young Italians, Italian Americans, and Italophiles who promote the study of Italian and Italian-American history, higher education, & professional networking
Dante Alighieri Society
Tel: (617) 876-5160
www.dantealighieri.net/cambridge/
• Non-profit organization whose objective is to promote and foster Italian language and culture
• Organizes a cultural event every 3rd Friday of the month

Eastern Massachusetts Italian Language, Food, and Culture Club (21+, Fluent Speakers Only)
www.meetup.com/easternmassitalian/

Social Irish
www.socialirish.com
• Group of Boston area couples and singles who meet, socialize and explore Irish culture through outings of contemporary Irish cultural focus including classic and contemporary art and culture
• Irish and Celtic music events, pub nights, theatre, lectures, Irish and Celtic art exhibits and other Boston area social events all hosted and organized by our partner organizations all over the city of Boston

Club of Russian Language and Culture
www.ulaska.com/club/
• A perfect place to meet Russian friends; meets first Friday of every month to watch movies, read and discuss poems and short stories or just talk

North Shore Brits and Euros
www.meetup.com/North-Shore-Brits-Euros-Singles-group/

German Expatriates in Boston
expatgerman.meetup.com/5/

Greater Boston Area Greek Culture Meetups
www.meetup.com/Greater-Boston-Area-Greek-Culture-Meetup/

Cine Club Francophone de Boston
www.meetup.com/French-Language-CineClub-Boston/

Boston French Language Meetup
www.meetup.com/BostonFrenchConversationGroup/

East Asian

Asian Community Development Corporation
Tel: (617) 482-2380
www.asiancdc.org
• Non-profit that serves the Asian American community of Greater Boston
• Youth development program: Asian Voices of Organized Youth for Community Empowerment (A-VOYCE) supports young people in projects that provide leadership development and skill building
• Speakeasy– offers interpretation services between individuals and city service agencies, community organizations and local businesses via cell phone

Asian American Civic Association (AACA)
Tel: (617) 426-9492
www.aaca-boston.org
• Provides limited English speaking and economically disadvantaged people with education, occupational training and social services enabling them to realize lasting economic self-sufficiency
• AACA has five major components: the Workforce Development Center, the Education Center, Multi-Service Center, Sampan (biweekly newspaper), and the Youth Initiative

Greater Boston Chinese Cultural Association
Tel: (617) 332-0377
www.gbcca.org
• Registered non-political, non-profit organization located in West Newton
• Programs include GBCCA Library, the Huaxin Chinese Language School, Huaxin School of Arts, Huaxin After School Program, Chinese Music Ensemble, New England Chinese Youth Summer Camp and Chinese Cultural Outreach Program
• Sponsors and participates in many cultural events, such as the Dragon Boat Festival and First Night
• GBCCA Educational Outreach Program provides Chinese culture/language/arts classes and workshops at GBCCA and local schools

Boston Chinatown Neighborhood Center, Inc.
Tel: (617) 635-5129
www.bcnc.net
• An affiliate of the Boston Centers for Youth and Families, BCNC works with the department’s 40 community centers to coordinate and improve city services and resources for Boston neighborhoods
Chinese Progressive Association
Tel: (617) 357-4499
www.cpboston.org
• Grassroots community organization which seeks to involve ordinary community members in making important decisions such as the campaign to save Chinatown
• Sponsors the Chinese Youth Initiative and an Adult Education Program

Chinese Consolidated Benevolent Association of New England
Tel: (617) 542-2574
www.ccba-ne.org
• Sponsored programs include ping pong club, senior citizens dance program, ESL classes, Chinese chess club, mandarin class, dance troupes, and music classes

Chinatown Committee
Tel: (617) 495-5526
www.hcs.harvard.edu/~chtn/
• Provides personal and academic enrichment to children and teenagers, teaches English to adults, offers civic and history classes for naturalization, and provides tech resources
• Programs include Chinatown Afterschool Program, Chinatown Big Sib program, Chinatown ESL/Citizenship program, and Chinatown Teen Program

Greater Boston Chinese Golden Age Center
Tel: (617) 357-0226
www.gbcgcac.org
• Committed to promoting the general welfare of Chinese-speaking Asian elders including their psychosocial and economic well-being
• Assists elders to maintain their independence and remain at home by offering programs such as Nutrition, Adult Day Health, Elder-at-Risk, Lifeline, Transportation and Congregate Housing

Cambridge Center for Chinese Culture
Tel: (781) 786-2050 or (781) 788-8558
www.bostoncccc.org
• Non-profit organization aimed at promoting Chinese culture through afterschool programs in Waltham and Cambridge as well as summer school and weekend programs that include a karaoke club, ballroom dancing club, ping pong club, and other spaces available for rent

Massachusetts Association for Chinese from Vietnam, Cambodia & Laos
Tel: (617) 338-8201

Greater Boston Chinese Community Services
Tel: (617) 472-9470

Japan Society of Boston
Tel: (617) 451-0726
www.us-japan.org/boston/Home

Consulate General of Japan in Boston’s Cultural and Education Enrichment Website (has links to local Japanese Events): www.boston.us.emb-japan.go.jp/eng/Culture_Education/educul.htm

Korean Association of New England
Tel: (781) 933-8822

Hispanic

Padres Al Dia
www.padresaldia.com/boston/boston.html
• A fantastic, highly recommended resource for Hispanic families in the Boston area! Everything from parenting advice, family friendly events in the area, resources for relocating to Boston, and links to the Hispanic community

Latino Professional Network
Tel: (617) 247-1818
www.lpn.org
• Holds formal conferences, informal receptions, and various other networking events for Latino professionals looking to network in the Boston area

Sociedad Latina (based in Mission Hill)
Tel: (617) 442-4299
www.sociedadlatina.org
• A myriad of cultural events and programs targeted towards Latino and Latina youth that are divided into 4 categories: education and career exploration, workforce development, cultural & arts enrichment, and civic engagement
• Popular programs include the summer seedlings program, health careers exploration program, unique rhythms, and the Three Kings Celebration that happens annually in Mission Hill
• Calendar of events: www.sociedadlatina.org/NewsEvents/CalendarofEvents/tabid/75/Default.aspx
La Alianza Hispana
Tel: (617) 427-7175
www.laalianza.org
• Programs include youth development, after school programs, camps, and family support groups as well as a computer center at their main office

Brazil Consulate of Boston’s Links to Brazilian Communities and Organizations in New England:
www.conslulatebrazil.org/boston.htm

Venezuelan Cultural Events sponsored by Consulate General of Venezuela:

Middle Eastern
Network of Arab American Professionals- Boston
www.naaponline.org/boston/links.asp
• Links to local events, job recruitment, cultural happenings, technology resources, art shows, music, and news

Center for Arab Culture
Tel: (877) 222-9740
cacboston.org/index.htm
• Non-profit organization dedicated to celebrating Arabic language, culture, art, history, and Arab-American cultural experience
• The Arabic School is currently located at Mt Ida College in Newton

YallaBoston! Events Calendar
www.yallaboston.com/component/option,com_jcalpro/Itemid,37/
YallaBoston is a great resource to connect with other Middle Eastern nationals living in Boston; lots of online listings of local restaurants, markets, entertainment, and more!

Tawassul
www.tawassul.org/index.html
• Promotes Palestinian art and culture in Massachusetts and Palestine
• Programs include Boston Palestinian Film Festival, Voices Beyond Walls, and the Student Music Initiative

African American/Black
Black Boston
Tel: (617) 417-7456
boston.blacksoftware.com
• A community portal of events, businesses, culture, historical sites, job listings, and much more all pertaining to Black Boston; a must-see multidimensional resource website

The Boston Black Professionals Meetup Group
www.meetup.com/BostonBlackProfessionals-TPNO-Boston/
• The key objective of (TPNO) Boston/New England Chapter is to establish links between the national organization and the community as well as the corporate and political sectors in the Boston area
• Economic, professional, and social empowerment as well as networking opportunities for new Bostonians

NAACP- Boston Branch
Tel: (617) 427-9494
www.naaccpbboston.org
• Features news and social, historical, and networking events for all ages

Urban League of Eastern Massachusetts
Tel: (617) 442-4519
www.ulem.org
• Invaluable resource that features an employment resource center, empowerment center, technology resources, parent & youth services, and much more

• Also features a Young Professional Network; contact Dwane Johnson (612) 644-0343

The Office for Multicultural Faculty Careers (OMC) has a website with helpful resources: www.brighamandwomens.org/CFDD/OMC/Resources_NewtoBoston.asp?subID=submenu8
General Resources

YMCA/YWCA
Find your local branch here: www.ymca.net

Boston Sports Clubs
www.mysportsclubs.com/regions/BSC

Fitcorp (location in Longwood Medical Area)
www.fitcorp.com

Boston Athletic Club
www.bostonathleticclub.com/Club/Scripts/Home/home.asp

Sports Programs for Girls in Massachusetts:
www.womenssportsfoundation.org/GoGirlGo/Boston/Organizations.aspx

The Boston Center for Adult Education also has an wide variety of courses in the arts and recreational activities which you can participate in for a nominal fee: www.bcae.org/index.cfm?

South Asian

Massachusetts State Cricket League
www.msccl.org
• Games played throughout Boston, begin the season on the first weekend of May and end in the middle of September

European

The European Club at the Massachusetts Institute of Technology has several club and league sports including summer tennis, basketball, soccer (football), volleyball, running, and handball. Check out their website for details and contact information; BWH employees have joined these leagues in the past. euroclub.mit.edu/Activities/sport/

East Asian

Boston Chinese Freemasons Athletic Club
www.bostonchinesefreemasons.org/index.htm
• Organizes Chinese youth in the vicinity of Boston in a friendly group that engages in athletics and social activities
• As the oldest Chinese athletic club in Boston, the BCFAC is the only organization that provides members access to a clubhouse in Chinatown and teaches the art of the Lion dance alongside athletic programs

Gund Kwok-Asian Women Lion & Dragon Dance Troupe
www.gundkwok.org
• Established in 1998 to give Asian women the opportunity to express their power and strength through the art of lion and dragon dance
• Performing troupe of diverse Asian women of varying ages and occupations. Ten-week trial classes are offered to prospective members once or twice a year. Regular troupe members meet once a week to practice routines, refine techniques, increase strength and endurance, build community and teamwork and prepare for performances

Chinese Medicine for Health/ NE School of Tai Chi
www.chinesemedicineforhealth.com
• The New England School of Tai Chi is located at 1564A Washington Street in Holliston, MA. The school is a division of Chinese Medicine for Health. It is a professional Tai Chi training center, instructing individuals in both exercise and the healing potential of traditional Chinese Arts

Gin Soon Tai Chi Chaun Federation
www.gstaichi.org
• Oldest school teaching Tai Chi Chuan in the Greater Boston Area today
• All instructions at the headquarters, private and group, are taught by Master Gin Soon Chu and his son Vincent Chu
Hispanic
(See General Resources)

African American/Black

William J. Devine Golf Course at Franklin Park
Tel: (617) 265-4084
www.sterlinggolf.com/franklin/index2.htm
• 18 hole public golf course minutes from downtown Boston with a state of the art club house and beautiful fairways

Sportsmen’s Tennis Club
Tel: (617) 288-9092
www.sportsменstennisclub.org

Reggie Lewis Track and Athletic Center
Tel: (617) 541-3535
www.rltac.com
• The center boasts not only state of the art athletic facilities including an indoor track and gymnasium but also various community outreach programs and events

Middle Eastern

The NAAP (Network for Arab American Professionals) sponsors tournaments and trips centered around sports such as soccer, skiing, snowboarding, and paintballing! Check YallaBoston’s Sports and Recreation Event pages for details on these events:
www.yallaboston.com/component/option,com_jcalpro/Itemid,37/extmode,cat/cat_id,10/
Music/Art/Dance Schools and Classes

General Tips/Resources

• Many of the cultural centers and associations listed in the “Ethnic Groups/Cultural Organizations/Associations” section offer music, art, and dance classes for its members and affiliates
• The Museum of Fine Arts, Boston offers art classes to all interested students regardless of age. For a list of offerings please visit: www.mfa.org
• Boston Central’s link to Music and Dance classes: www.bostoncentral.com/activities/music.php
• More established area music schools including the Berklee College of Music, Boston Conservatory, Longy School of Music, Community Music Center of Boston and much more: www.searchboston.com/dir/Education/Music_Schools
• The Boston Center for Adult Education also has a wide variety of courses in the arts and recreational activities which you can participate in for a nominal fee: www.bcae.org/index.cfm?

South Asian

Triveni School of Dance
www.trivenidance.org
• Founded by Nina Gulati, Triveni teaches three forms of classical Indian dance: Bharat Natyam from Tamil Nadu, Kuchipudi from Andhra Pradesh, and Odissi from Orissa
• 175 students of all ages perform in festivals, cultural events and benefit performances throughout the year
• Triveni Dance Ensemble consists of Neena Gulati and her senior students that perform professionally around New England

LearnQuest Academy of Music
www.learnquest.org
• Non-profit institution devoted to providing formal instruction in Indian Classical Music, both Hindustani and Carnatic Styles
• Classes are held in Waltham, Acton and Andover, MA on Saturdays and some weekday evenings

• Instruction in flute, guitar, carnatic vocal music, hindustani vocal music, keyboard and harmonium, mridangam, sarod, vocal music, sitar, tabla, and veena
• Organizes seminars, workshops and concerts, the most popular of which is the Classical Music Conference held each year in April which brings talented artists from India to perform at a 3 day event

Durga Krishnan’s New England School of Carnatic Music
www.nescm.com
• Teaching and Promoting Carnatic Music in its purest Form and bringing Carnatic Music to Mainstream America

The Chhandam Institute of Kathak Dance
www.chhandika.org
• Non-profit organization dedicated to Kathak dance, affiliated with the Chhandam Chitresh Das Dance Company in San Francisco, California as well as the Nritya Bharati Institute in Kolkata, India
• Provides a supportive and multi-cultural environment in which to explore the benefits of Kathak dance
• Offers classes for men, women, and children of all ages

Sangeetayan School of Hindustani Music
www.sangeetayan.org
• School of music dedicated to the dissemination of Indian Music in the New England Area

Sri Kuchipudi Natyalaya
home.comcast.net/~kuchipudius/
• Pioneering Kuchipudi dance institute in the New England area

More Organizations at: web.mit.edu/mithas/www/partners.html
European Piano School
www.bostonorganandpiano.com/piano_school.php
• State of the art teaching facilities and 7 experienced piano teachers with training from Europe
• Weekly lessons on theory and different styles of music as well as performance opportunities

East Asian
Boston Guzheng Ensemble
www.bostonguzheng.org/members.html
• The only Guzheng ensemble in the New England area aimed at promoting Chinese culture and music to the public

Odaiko New England
onetaiko.org/index.html
• New England Area Japanese Drumming Group engaging and performing the art of taiko

Greater Boston Chinese Cultural Association
www.gbcca.org
• Offers classes through the Huaxin School of Arts and has a Chinese Music Ensemble

African American/Black
OrigiNation Cultural Arts Center
Tel: (617) 541-1875
www.originationinc.org
• Empowering the local community, particularly youth, through educational programs in art, dance, and african history
• Sponsors various workshops including Tae Kwon Doe, meditation, theatre, conflict resolution, and simple Q & A sessions

Body by Brandy
Tel: (617) 442-2187
www.bodybybrandy.com

Middle Eastern
Arabiqa (Karim Nagi)
Tel: (617) 924-7675
www.karimnagi.com/arabiqa/presentations/
• Enthusiastic and talented teacher Karim Nagi leads workshops and classes in the Boston area centered around Arabic music, dance, and culture
• Also leads a Boston area vocal ensemble that performs at various events in the city

Sharq Music Ensemble
Tel: (617) 924-7675
www.kmplimited.com/sharq/mission/
• SHARQ Arabic Music Ensemble is composed of Arab Americans. The group specializes in traditional Arabic music, as it was performed for hundreds of years in the royal courts, art houses and concert halls of past Arabic kingdoms. SHARQ maintains this lost tradition and renews it with the vitality of modern musical acumen, perspective and expertise.
Places of Worship/Religious Organizations

General Tips/Resources
• Attending a place of worship in your community can be a great way to meet other families or individuals in your community
• Visit www.fas.harvard.edu/~pluralism/98wrb/index.htm for a list of all major places of worship in Boston organized by religion (Click on "Religious Centers" Link)
• You can visit the website of the town you live in or check your local Yellow Pages for a list of religious organizations and places of worship in your town
• The list below is not comprehensive! Please use the links above or talk to others at work or in your neighborhood who can give you advice about the right religious community for you and your family.

Muslim
American Islamic Congress
Tel: (617) 266-0080
www.aiCongress.org/about/index.html
• Non religious civic association promoting programs that empower leadership among youth

Harvard Longwood Muslims
260 Longwood Avenue
Boston, MA 02115
www.harvardlongwoodmuslims.org
• Harvard Longwood Muslims is an Islamic organization focused on Muslim activities in the Longwood Medical area. All are welcome to attend events and/or join the announcements email list. We are here to provide relevant services for both Muslims and non-Muslims in the Longwood area.
• Organizes and maintains Friday prayers as well as a prayer room for daily usage. Other activities include Ramadan programs, lectures, and interfaith dialogue.

Harvard Islamic Society
Canaday E (Basement), Harvard Yard
Cambridge, MA 02138
www.islamicsociety.neu.edu
Tel: (617) 373-2729
Email: his@hcs.harvard.edu
www.harvardislamicsociety.org

Muslim American Society (MAS) Boston Chapter
Tel: (617) 427-2636
www.masboston.org/
• A charitable, religious, social, cultural, and educational, not-for-profit organization. It is a pioneering Islamic organization, an Islamic revival, and reform movement that uplifts the individual, family, and society

Islamic Center At Tufts University
www.ase.tufts.edu/msat

Islamic Society of Northeastern University
360 Huntington Avenue, 3rd floor, ElH Hall
Boston, MA 02115
Tel: (617) 373-2729
www.islamicso ciety.neu.edu

Islamic Finder
www.islamicfinder.org
• Non-profit organization is dedicated to serving Islam on the Internet and currently provides information about mosques (masjids), prayer times, Islamic organizations, Islamic centers, and Muslim owned businesses all over the world

Islamic Society of Boston
204 Prospect Stree
t Cambridge, MA 02139-1218
Tel: (617) 876-3556
Tel: (617) 876-3546
• Besides serving as a space for the five daily prayers, the ISB provides a variety of services to a diverse Muslim community. The ISB offers classes throughout the week for both English and Arabic speakers. Classes are organized by topic or population. There is a "new Muslim" class for converts to the faith as well as more advanced classes in Qur’anic exegesis, hadith study and Qur’anic recitation. There are also ESL classes for
non-native English speakers and Arabic classes for those who do not speak Arabic.

Islamic Masoomen Center of New England
115 Wood Street
Hopkinton, MA
Tel: (508) 497-3462

Islamic Society Of Greater Worcester
57 Laurel Street
Worcester, MA 01605
Tel: (508) 752-4377
www.isgw.org

Islamic Society of Boston Cultural Center (ISBCC)
100 Malcolm X Boulevard
Boston, MA 02120
Tel: (617) 427-2636
- A cultural landmark. The largest and newest Islamic cultural center in New England. Located in the heart of Boston at Roxbury Crossing. Right off the Orange Line T stop for "Roxbury Crossing." The ISBCC is not just a mosque, but is also planned to house a school (by 2013), a library, an interfaith center, an exhibition space and a morgue and significant community relations and social services.

Islamic Center of New England
470 South Street
Quincy, MA 02169
Tel: (617) 479-8341
www.icne.net

Masjid Yusuf
41 Quint Avenue
Allston, MA 02134

Yusuf Mosque
186 Chestnut Hill Avenue
Brighton, MA 02135
www.yusufmosque.com

Society for Islamic Brotherhood (S.I.B.)
724 Shawmut Avenue
Roxbury, MA 02119
Tel: (617) 442-2805
www.mosquepraiseallah.com

Hindu

Sri Lakshmi Temple (NEHTI or New England Hindu Temple Incorporated)
117 Waverly Street
Ashland, MA 01721
Tel: (508) 881-5775
www.srilakshmi.org
- The temple has daily poojas as well as special events and programs on major religious holidays. The temple also organizes cultural events as well including Hindustani and Carnatic classical music concerts, folk music demonstrations, classical and modern dance performances, and theater.
- Youth, Cultural and Educational Programs (YCEP) Committee organizes cultural and heritage based programs for children (ages 5-20)

Ramakrishna Vedanta Society
58 Deerfield Street
Boston, MA 02215-1803
Tel: (617) 536-5320
www.vivekananda.org

The Ganesh Hindu Temple
48 Edson Street
Dorchester, MA 02124
Tel: (617) 298-7309

Sikh

Boston Sikh Sangat Society
Sikh Sangat Society, is conveniently located near the border of Somerville and Cambridge
561 Windsor Street
Somerville, MA 02145
Tel: (781) 975-1531
www.bostonsikhsangat.com

Gurdwara Guru Nanak Darbar
226 Mystic Avenue
Medford, MA 02155
Tel: (781) 641-1376
www.gurunanakdarbar.net

Jain

Jain Sangh
124-A Cummings Park Drive
Woburn, MA 01801

Click Here for More Boston Area Mosques
Tel: (781) 272-3666  
www.jsne.org  
• The Jain Sangh not only runs daily services and  
  events, it also has a pathshala for children located  
  at the Marshall Simonds Middle School in Burlington. The  
school holds cultural and religious classes once a  
month. See website for more details:  
jsne.org/pathshala.htm

Christian

**Indian Christian Fellowship Of New England**  
Hellenic Gospel Church  
187 Church Street  
Newton, MA 02458  
Tel: (508) 865-1574

**American Chinese Christian Educations & Social**  
**Services, Inc.**  
244 Harrison Avenue  
Boston, MA 02111  
Tel: (617) 426-1070  
www.chinatownaccess.org/about-us  
• Non-profit, non-denominational Christian outreach  
  community service agency  
• Current programs include ASEP: After School  
  Enrichment Program (K2 to 5th grade), SEP: Summer  
  Enrichment Program (K2 to 5th grade), IRIS:  
  Information Referral and Interpretation Service, VITA:  
  IRS Volunteer Income Tax Assistance Service, College  
  Scholar’s Award, Family Life Education Library, Parent-  
  Child Consultation, Adult Computer Literacy Classes,  
  Workshops and Training on Marriage and Parenting,  
  Workshops and Training on Chinese-American  
  Biculturalism

**Boston Chinese Bible Study Group**  
234 Franklin Street  
Cambridge, MA 02139  
www.bcbsg.org  
• Group of Chinese students and professionals who  
  meet regularly on Friday night for Bible study. See  
  website for schedule of meeting times.

**Boston Chinese Catholic Community**  
Chinese Catholic Pastoral Center  
78 Tyler Street  
Boston, MA 02111-1831  
www.rc.net/boston/bccc-stjames/index.html  
• Serves all Chinese Catholics from the Archdiocese of  
  Boston even though its host/anchor church is St. James  
  the Greater, Boston (Chinatown), Massachusetts.  
• The predominant dialect is Cantonese, followed by  
  Mandarin, Toishanese, and Fujianese.

**Chinese Bible Church of Greater Boston**  
149 Old Spring Street  
Lexington, MA 02421  
Tel: (781) 863-1755  
www.cbcgb.org

**Chinese Christian Church of New England**  
1835 Beacon Street  
Brookline, MA 02445-4206  
Tel: (617) 232-8652  
www.cccne.org

**Boston Chinese Evangelical Church**  
Chinatown Campus  
249 Harrison Avenue, Boston, MA 02111  
Tel: (617) 426-5711  
Newton Campus  
218 Walnut Street, Newtonville, MA 02460  
Tel: (617) 243-0100  
www.bcec.net  
• One church composed of 6 congregations  
  ministering in 3 different languages, Cantonese,  
  English, and Mandarin, over 2 campuses, Chinatown  
  and Newton.

**Hispanic Community Church, UCC of Boston**  
85 Seavers Avenue  
Jamaica Plain, MA 02130-2866  
Tel: (617) 232-1416  
www.macucc.org/emi/hispanic.htm

**Iglesia Bautista Hispana American de Boston**  
Hispanic Service- Sundays 11 am  
88 Tremont Street  
Boston, MA 02108  
www.tremonttemple.com

**Congregation Lion of Judah**  
68 Northampton Street  
Boston, MA 02118  
leondejuda.org/en

**Iglesia Bautista Hispana of Jamaica Plain**  
10 Kingsboro Park
Jamaica Plain, MA 02130

Click Here for More Hispanic Churches

People’s Baptist Church of Boston
134 Camden Street
Boston, MA 02118
Tel: (617) 427-0424

First Church of Christ, Scientist
Corner of Huntington & Massachusetts Avenue
Tel: (617) 450-3790
christianscience.com

New Hope Baptist Church
740 Tremont Street
Boston, MA 02118
Tel: (617) 536-9332

Charles Street AME
551 Warren Street
Dorchester, MA 02121
Tel: (617) 442-7770

Blue Hill Church of Christ
1505 Blue Hill Avenue
Mattapan, MA 02126
Tel: (617) 296-5882
www.bluehillcoc.com

Morning Star Baptist Church
1257 Blue Hill Avenue
Mattapan, MA 02126
Tel: (617) 298-0278
www.msbcbos.org

Concord Baptist Church
190 Warren Avenue
Boston, MA 02116
Tel: (617) 266-8062
www.cbcboston.org

Jewish Synagogue Council of Massachusetts’s List of Synagogues in Massachusetts (Search by Town/City)
www.synagoguecouncil.org/shuls.asp

BlackPages Online Church Search:
www.blackpagesonline.com
The links below are to maps of some of the area's most popular international grocery stores. Most of these stories carry not only traditional, imported vegetables, meats, and spices, but also carry local fresh produce, frozen meals, imported goods, and rent out DVDs. Included are some grocery stores close to the city of Boston. Since some of these stores are family owned, they may go out of business or change ownership frequently. Phone numbers are also provided. Please call before you go and ask for hours and location.

Highly Recommended Directory of Many Ethnic Grocery Stores in Boston Area:

• www.chowhound.com is also a great place to talk to others about cheap, delicious eats around the city

South Asian

Click here for a comprehensive South Asian Grocery Store Map!
Some Highly Rated Stores:
Patel Brothers
425 Moody Street
Waltham, MA 02453-0401
Tel: (781) 893-1003

Foodland
2234 Massachusetts Avenue
Cambridge, MA 02140
Tel: (617) 349-0009

Kashmir Food & Spices
234 Harvard Street
Brookline, MA 02446
Tel: (617) 734-7153

European

Click Here for the European Foods Market Map!

Below is an excerpt from the MIT European Club’s advice for European nationals regarding food and dining:

Where could I buy french food (crepes, baguettes, saucisson, croissants...)?
Formaggio's Kitchen (on Huran Ave, Cambridge and South End, Boston) is a great source for all French cuisine, including croissants, baguettes and brioches. ClearFlour also has great French baguette. They are located in Brookline but they distribute through places like Bread & Circus. Iggy's Bakery in Watertown makes baguettes and patisseries. Carberry's Bakery has authentic croissants and baguettes. They also carry Scandinavian and German style bread. You can get real saucisson in the North End. They must import it from some midwestern state and call it by an Italian name, sobresata, but it is saucisson. The store is located on Cross Street, half-way between Endicott and Salem Streets. Catch the green line to Haymarket.

And Italian food?
You can get Italian food mainly in the North End.

Where could I get fresh "mozzarella"?
Two places: in the North End, at Purity Cheese, just at the end of Salem Street or in Brookline at Il Toscano, corner of Harvard St. and Babcock.

Cheese, wine...?
Nice fresh cheese -not wrapped up but to be sliced from big round cheeses- at the Wine and Cheese Cask, Washington St, Sommerville.

Cheap and good wine at Trader Joe's grocery store on 727 Memorial Drive, as well as high quality groceries from Europe. Bread & Circus' two stores (115 Prospect Street and 186 Alewife Brook Pkwy) are the right places for gourmets. We have also heard that Market Basket at Union Square, 400 Somerville Ave. has a great selection of fruits and vegetables.
East Asian
Click here for a comprehensive East Asian Grocery Store Map!
Some Highly Rated Stores:
Mings Supermarket, Inc.
1102 Washington Street
Boston, MA 02118-2219
Tel: (617) 338-1588

C Mart 2 Supermarket
109 Lincoln Street
Boston, MA 02111-2507
Tel: (617) 426-8888

Hispanic
Click here for a comprehensive Hispanic Grocery Store Map!
Some Highly Rated Stores:
Hi Lo Foods
450 Centre Street
Jamaica Plain, MA 02130
Tel: (617) 522-6364

Brazilian Corner
192 Brighton Avenue
Allston, MA 02134-2012
Tel: (617) 787-4407

African American/Black
Click here for a comprehensive Black Grocery Store Map!
Some Highly Rated Stores:
South End Food Emporium
465 Columbus Avenue
Boston, MA 02116-5960
Tel: (617) 536-7172

Tropical Foods
2101 Washington Street
Roxbury, MA 02119-2021
Tel: (617) 442-7439

Stork Club of Boston
604 Columbus Avenue
Boston, MA 02118
Tel: (617) 391-0256

Irie Jamaica Style Restaurant
310 Bowdoin Street
Dorchester, MA 02122
Tel: (617) 929-3866

Middle Eastern/Halal
Click here for a comprehensive Middle Eastern Grocery Store Map!
Some Highly Rated Stores:
Arax Market
585 Mount Auburn Street
Watertown, MA 02472-4154
Tel: (617) 924-3399

Sevan Bakery
599 Mount Auburn Street
Watertown, MA 02472-4103
Tel: (617) 924-3243

Alhoda Market
304 Prospect Street
Cambridge, MA 02139-1315
Tel: (617) 441-7854

Boston Halal Meat Market
114 Blackstone Street
Boston, MA 02109
Tel: (617) 722-9969

Hamdi Halal Market & Fresh Produce
1433 Tremont Street
Boston, MA 02120
South Asian
Bollywood movies are shown at several theaters in the Boston area. Please see: www.bombaycinema.com for a list of current films and show times. The most common “Bombay Cinema” theaters are listed below:

Fresh Pond Entertainment Cinemas
168 Alewife Brook Parkway
Cambridge, MA 02138
Tel: (617) 661-2900

Capitol Theater
204 Massachusetts Avenue
Arlington, MA 02474
Tel: (781) 648 6022

Regal Cinema
233 Turnpike Road
Westborough, MA 01581
Tel: (508) 366-3877

WJIB 740 AM Sargam 1 PM - 3 PM (Sundays)
1330 AM Sounds of India 10:30 AM - 12:30 PM (Sundays)
WNTN 1550 AM Jhankar Saturdays 10:30 AM-12 PM, Sundays 9-11 AM

East Asian
The following theaters frequently show films from China, Hong Kong and Taiwan.

The Brattle Theatre www.brattlefilm.org

The Coolidge Corner Theatre www.coolidge.org

Harvard Film Archive hcl.harvard.edu/hfa/

The Museum of Fine Arts Film Program www.mfa.org/film/

Also keep an eye out for annual film festivals, such as:
Films at the Gate www.filmsatthegate.org/
Five nights of free screenings of kung fu and classic Chinese-language movies in Boston Chinatown in early September.

"The ONLY locally produced live Chinese program since 1992!"
Sunday (9 - 11 AM) WMSX 1410AM
Sunday (8 - 11 PM) WJDA 1300AM

Boston Progress Radio www.bprlive.org/

Hispanic
WUNI- Channel 27
Univision

Boston Latino TV www.bostonlatino.tv

European
Boston French Library Alliance Française of Boston
www.frenchlib.org
French movies played twice a week with English subtitles!

Annual Boston Turkish Film Festival
www.bostonturkishfilmfestival.org/About_The_Festival.htm
• The festival screens dozens of Turkish films complimented with great Turkish cuisine, concerts by up and coming Turkish artists, and forums for discussion

The Museum of Fine Arts Film Program
www.mfa.org/film/

Harvard Film Archive hcl.harvard.edu/hfa/

Also keep an eye out for annual film festivals, such as:
Films at the Gate www.filmsatthegate.org/
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Boston Progress Radio www.bprlive.org/

Hispanic
WUNI- Channel 27
Univision

Boston Latino TV www.bostonlatino.tv

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Calling Home

Making international calls from a landline can be expensive. There are many online, prepaid calling card services to help you call and stay in touch with relatives. Those listed below are the most well known and frequently used. Please see individual websites for rates and details.

Skype
www.skype.com

Airtel
www.airtelcallhome.com

Tel3 Advantage
www.smartglobalcall.com

Reliance Global Calling (South Asia)
www.relianceindiacall.com

Rebtel
www.rebtel.com

United World Telecom
www.uwtcallback.com

African American/Black

Black Boston TV Shows
Basic Black- WGBH Channel 2 Thursday nights at 7:30 and Sundays at 12:30
CityLine- Channel 5
Urban Update- Channel 7
BBN TV- Comcast Channel 23
See website for details: boston.blacksoftware.com/street/home.html

Strand Theatre
543 Columbia Road
Dorchester, MA 02122
Tel:(617) 282-8000
www.cityofboston.gov/arts/theatre/strand.asp

Touch Radio 106.1 FM

WILD Radio 1090 AM

Middle Eastern

Arabic Hour TV Show
Link to schedule of showtimes on local cable tv and online viewing: www.arabichour.org/aboutus.html

Boston Palestinian Film Festival
www.bostonpalestinefilmfest.org/index.html
• Established to showcase the extraordinary narrative of Palestinians through the medium of cinema to audiences in the New England area. The festival is sponsored by Tawassul, an organization committed to sharing and celebrating Palestinian arts and culture
South Asian

**Lokvani**
www.lokvani.com
- Lokvani provides a central portal for Indian Americans in Boston with information about everything from local events, art and culture, family programs, job searches, matrimonials, etc.

**NRI Free Ad Boston**
www.nrifreead.com
- This new website was recently featured in the Boston Globe. Started by an Arlington resident, this website is comparable to Craigs List, providing Indian Americans in the community with a form to discuss issues as well as conduct basic business.

**India Abroad**
www.indiaabroad.com

East Asian

**Sinoboston.com**
www.sinoboston.com
- A local Chinese-language portal with news, yellow pages, chat groups, classified, personals and more. Some English-language postings as well

**Sampan**
www.sampan.org
- New England’s only bilingual Chinese-English newspaper

**World Journal**
www.worldjournal.com/wjindex.php
- This national Chinese-language newspaper maintains a Boston office and a bookstore at 216 Lincoln St.

**Boston Chinese News**
- Published monthly by Southern Newspapers Group (publisher info available at www.scdaily.com)

**Shenghuonet**
www.shenghuonet.com

European

**MIT European Club’s Newsletter:**
euroclub.mit.edu/Communication/newsletter/

**Boston Accueil: Newsletter for French newcomers to Boston**
www.bostonaccueil.org/NewBA/BA.php

**Boston Irish Online**
www.bostonirish.com

**Russian Bulletins:**
- www.russianday.com
- russianboston.com
- www.masstusovka.com
- www.bestperiodica.com

Hispanic

**El Planeta/Tu Boston**
www.tuboston.com
- THE source for all things Latino in Boston

**Boston Hispanic y Latino News & Info**

African American/Black

**Bay State Banner**
www.baystatebanner.com
- Weekly community newspaper with articles of interest for the Black community in Boston
Boston Offline
the411.bostonoffline.com
• A website designed to link Boston’s African American community together: free job and business listings, event submissions, forums, dating and artist showcase

Unity First
www.unityfirst.com

The Black Pages of New England
Tel: (617) 298-3000
www.blackpagesonline.com

Middle Eastern
Yalla Boston!
www.yallaboston.com
• Strives to spread awareness of the many local Middle Eastern communities in the Boston and greater Massachusetts areas by serving as an informational directory for numerous Middle Eastern businesses
The ORC would like to thank our student interns and staff for their hard work in support of the BWH Research Community. Their cheerful assistance with this guide and with countless other ORC projects and events is greatly appreciated.

What makes Boston feel like home for you? We would like your feedback on this guide and your ideas for improving it. Please write your suggestions here, cut at the dotted line, and mail this feedback slip back to us at: BWH, Office for Research Careers, 1620 Tremont St., Rm. 3-014J, Boston, MA 02120

Have more to say? Feel free to email your suggestions to us at: BWHORC@partners.org with “FRESH Start Guide” in the subject line.